

# COMMON YARROW

## ACHILLEA MILLEFOLIUM



THE PROUD, UPRIGHT STANDING UMBELS OF COMMON YARROW ARE AN OFTEN SEEN SUMMER SIGHT THROUGHOUT MOST OF CALIFORNIA. GROWING IN PLACES AS VARIED AS SPONGY, WET WATERSHEDS TO DRY, ROCKY OUTCROPS TO COASTAL BLUFFS, COMMON YARROW IS AS ADAPTABLE AS IT IS UBIQUITOUS. SPREADING THROUGH THE SOIL VIA RHIZOMES, IT QUICKLY FORMS A MATTING GROUND COVER, AS CAN, IN FACT BE USED AS A LAWN SUBSTITUTE, MOWED TO THE HEIGHT DESIRED. ITS MEDICINAL PROPERTIES ARE WIDELY RECOGNIZED AND ITS USE AS A TOPICAL TREATMENT FOR WOUNDS AND STOPPING NOSEBLEEDS HAS LED TO SOME OF THE OTHER COMMON NAMES IT IS KNOWN BY, SOLDIER'S WOUNDWORT AND NOSEBLEED PLANT, TO NAME A FEW. A MUST FOR BUTTERFLY GARDENS, IT IS QUITE ATTRACTIVE TO POLLINATORS AND BENEFICIAL INSECTS OF ALL SORTS. DROUGHT-TOLERANT AND ONE-TOUGH, BUT ALSO PRETTY, COOKIE.

SUN TO PART SHADE

ZONES 3-9