

# FORDHOOK GIANT SWISS CHARD

## BETA VULGARIS 'FORDHOOK GIANT'



BIG, BEAUTIFUL AND GREEN, THIS CHARD IS THE MOST PRODUCTIVE AND LONGEST LIVED THAT WE KNOW. THOUGH TECHNICALLY A COOL SEASON VEGGIE, FORDHOOK GIANT PRODUCES THROUGH ALL SEASONS IN OUR ZONE 8 GARDEN (YES, RIGHT THROUGH THE SNOW) AND ONLY SLOWS DOWN WHEN IT GOES TO SEED IN ITS SECOND YEAR NOW, THAT GOING TO SEED CAN BE PUT OFF, TOO, IF THE BLOOM STALK IS REMOVED. DO IT EARLY ENOUGH AND THE PLANT GOES RIGHT BACK TO PRODUCING ITS TENDER, SUCCULENT LEAVES. I KNOW STORIES OF PEOPLE WHO HAVE KEPT CHARD PLANTS GOING FOR SEVERAL YEARS THIS WAY. BUT WHETHER YOU PLANT NEW OR REVITALIZE THE OLD, CHARD IS DELECTABLE, RICH IN VITAMINS AND MINERALS, A GREAT SOURCE OF PHYTONUTRIENTS, AND AT THE TOP OF OUR LIST OF GARDEN FAVORITES.

SUN TO LIGHT SHADE

BIENNIAL/PERENNIAL

